

Colorado Springs  
School

April 2010 Spring Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b>	March 29 Chicken Alfredo Fresh Cut Green Beans Buttered Spaghetti Noodles Open Faced Sloppy Joe Macaroni Salad Three Cheese Calzone	March 30 Beef Tamales Spanish Rice Mexi-Pepper & Corn Cheese Burgers Vegetable Marinara with Buttered Egg noodles	March 31 Baked Potato Bar Beef Chile Con Carne Steamed Broccoli & Cauliflower Breaded Chicken Sandwich Vegetable Pizza	April 1 Crispy Fried Chicken Mashed Potatoes with Country Gravy Corn on the Cob Potato Salad Vegetable Marinara with Cheese Ravioli's	April 2 Sausage Pizza Vegetable Pizza Cheese Pizza Pepperoni Pizza Steamed Peas Mac and Cheese
<b>WEEK 2</b>	April 5 <u>Breakfast For Lunch</u> Pancakes with Syrup Strawberry Yogurt Scrambled Eggs Hash Browns Bacon Cream of Wheat	April 6 Cheese Enchiladas Refried Beans Spanish Rice BBQ Pork Sandwich French Fries Turkey Tetrazinni Pasta	April 7 Baked Fish Sticks Steamed Carrots Wild Rice Pilaf Turkey Ciabbata Melt Onion Rings Three Cheese Pizza	April 8 Buffalo Chicken Wings Peas and Carrots Home Made Chips Grilled Cheese Sandwich Vegetable Marinara with Rigatoni Pasta	April 9 BBQ Chicken Pizza Tomato Broccoli Calzone Cheese Pizza Pepperoni Pizza Steamed Green Beans Baked Penne Casserole
<b>WEEK 3</b>	April 12 Cheese Alfredo Lasagna Garlic Bread Sticks Steamed Broccoli Turkey Ranch Wrap Potato Salad Caramelized Onion and Mushroom Calzone	April 13 Parmesan Turkey Cutlets Glazed Carrots Mashed potatoes with Country Gravy Black Bean Burgers Grilled Chicken Sandwich Sweet Corn Nuggets	April 14 Sweet and Sour Meatballs Steamed Rice Steamed Cauliflower Garlic Hummus Pita Broccoli Grape Salad Cheese Quesadilla	April 15 Chicken Parmesan Steamed Peas Buttered Egg Noodles Tempeh Patty Melt Pulled Turkey BBQ French Fries Pea Salad	April 16 Ham and Pineapple Pizza Mushroom Calzone Cheese Pizza Pepperoni Pizza Steamed Corn Spaghetti with Meat Marinara
<b>WEEK 4</b>	April 19 Grilled Chicken Breast Steamed Broccoli Roasted Cut Potatoes Bacon Cheeseburgers Tater Barrels Alfredo Mac and Cheese	April 20 Sausage and Pepper Hoagie Garlic Green Beans Red Beans and Rice Home Made Potato Chips Grilled Cheese Sandwich Tomato Basil Calzone	April 21 <u>Breakfast For Lunch</u> Belgian Waffles and Syrup Strawberry Yogurt Scrambled Eggs Sausage Patties Potato Pucks Cream of Wheat	April 22 Meatloaf Potato Wedges Peas and Carrots Buffalo Chicken Wraps Macaroni Salad Vegetable Marinara and Penne Pasta	April 23 Meat Lovers Pizza Southwest Vegetable Calzone Cheese Pizza Pepperoni Pizza Alfredo Sauce with Bowtie Pasta

**Salad And Toppings Bar**

A seasonal blend of fresh greens will be the foundation of our salad offerings accompanied by an assortment of raw vegetables, beans, cottage cheese, shredded cheese, dressings and croutons.



**Daily Sandwich Selection**

A daily selection of oven roasted turkey breast, smoked ham, sliced cheese sandwiches will be available as an alternative to the featured menu. Sandwiches can be customized at the toppings bar.