

The Colorado Springs School - January 2012 Lunch Menu



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
9	10	11	12	13
Buffalo Chicken Wings Marinated Tempeh Vegetable Wraps Waffle Fries Turkey Swiss Cibatta Sandwich Red Pepper Gouda Soup	Beef and Broccoli Vegetable Stir Fry Steamed White Rice Cheese Quesadilla Potato Salad Klondike Bars	Pepperoni Pizza Cheese Tortellini with Marinara Tomato Mozzarella Salad Marinated Vegetable Wrap Broccoli Cheese Soup	Chicken or Vegetable Curry Steamed Brown Rice Steamed Green Beans Grilled Cheese Sandwich Steak Fries Sugar Cookies	No School Lunch Service
16	17	18	19	20
No School Lunch Service	Open Faced Sloppy Joe Steamed Carrots Seasoned Potato Wedges Marinated Vegetable Pita Tater Tots Pea and Bacon Salad	<i>Breakfast For Lunch</i> Biscuits and Gravy Sausage Patties Scrambled Eggs Hash Browns Cream of Wheat Cereal Bar	Vegetable Pizza Spaghetti with Meat Marinara Steamed Peas and Carrots Chicken Ranch Wrap Apple Turnovers	Cheeseburgers Vegetarian Burgers Vegetarian Baked Beans Corn on the Cob Pasta Salad Chicken Noodle Soup
23	24	25	26	27
Grilled Cheese Sandwich Macaroni and Cheese Steamed Corn Ham and American Hoagies Ice Cream Sandwich Potato Ham Corn Chowder	Meat Lovers Pizza Spiral Rigatoni Pasta with Alfredo Sauce Chicken Caesar Wraps Potato Salad Home Made Chips	Chicken Soft taco Spanish Rice Black Beans Tortilla Chips and Cheese Marinated Cucumber Salad Gluten Free Fruit Bars Minestrone Soup	Baked Potato Bar Russet or Sweet Potato Beef Chile Con Carne Steamed Broccoli Breaded Chicken Sandwich Onion Rings	Baked Turkey and Gravy Mashed Potatoes Steamed Green Beans Sautéed tofu and vegetables Sweet Corn Nuggets Boston Clam Chowder January Birthday Cupcakes
30	31	1	2	3
Cheese Burgers Bratwurst Vegetarian Burgers French Fries Corn on the Cob Chicken Gumbo Soup	Lemon Pepper Chicken Steamed Brown Rice Sautéed Winter Squash Stuffed Shells with Cheese and Marinara Sugar Cookies	Beef Or Cheese Enchilada's Refried Beans Spanish Rice Red Pepper Corn Ham and Swiss Cibatta Cream of Broccoli Soup	<i>Breakfast For Lunch</i> French Toast and Syrup Scrambled Eggs Tater Tots Sausage Links Cream OF Wheat Cereal Bar	Chicken Alfredo Lasagna Spinach Lasagna Italian Green beans Garlic Bread Sticks Macaroni Salad Tomato Soup

CSS Salad Bar Selections

Garden fresh selection of dark leafy greens, red peppers, tomatoes, broccoli, garbanzo beans, mushrooms cottage cheese, black olives, pickled beets chopped eggs, peas cheese, diced chicken, tuna salad and croutons and bacon bits. Dressings: Ranch, Italian, Blue cheese vinaigrette, Honey mustard, Caesar, low cal raspberry vinaigrette. The Sandwich toppings bar will include leaf lettuce, and tomato, pickles and mayo and mustard and sliced American cheese.

Butcher Block Sandwiches and Toppings

A selection of customized sandwiches will always be available: Ham, Turkey, Bagels and Cream Cheese.

Meal and Ala Carte Pricing

Children's School Meal - \$4.80, Middle School Meal - \$5.75, Upper School Meal - \$5.75, Beverage Service Only - \$1.40, Grab n' Go Salad - \$4.00, Ala Carte Items - \$1, \$2, & \$3